

**LAKE COUNTY
BOARD OF DEVELOPMENTAL DISABILITIES/DEEPWOOD
2024 – 2025 Plan Year YES Program**

(This is only for those employees enrolled in the Agency’s group medical insurance)

During collective bargaining negotiations, the parties agreed on two Health Insurance plan options in an effort to manage costs as effectively as possible, while also recognizing the financial impact that increases pose on you and your family. It was agreed that employees who choose to participate in the YES Program will have an opportunity to “buy-down” their health insurance premium contributions. We know you work hard to keep yourself healthy and we are happy to reward you for your efforts. By participating in the programs listed below, you can potentially receive a total incentive of \$150.00. If two employees are married and are enrolled under one plan they are both eligible to earn and receive YES incentives.

Payment Procedure for Incentive Money

Employees who complete and return the requested documentation to Human Resources will receive money to be either deposited into their HSA account (if they have the High Deductible plan **AND** an Optum Bank Health Savings Account), or as a one-time-per-incentive added income to their paycheck if they have selected the PPO plan. These incentives will be awarded no later than March 31, 2025 if documentation is received in Human Resources no later than February 28, 2025. If received between March 1, 2025 and August 31, 2025, the incentives will be awarded no later than September 30, 2025.

Yearly Physical Examination = \$100.00

- If you submit a signed and completed Preventive Care Form (included in this packet), you can earn \$100.00. Or, you can provide HR with a photocopy of your **Explanation of Benefits** (“EOB”) from Medical Mutual showing that you had an annual physical from your Primary Care Physician. Annual physicals will be covered at no cost to you as a Preventive Care benefit. Either log into your Medical Mutual account at MedMutual.com (our group # is 635401) to download and print a copy of your EOB, or request a copy of the EOB from Medical Mutual if you don’t receive one in the mail. **For this 2024-2025 plan year, the physical must be taken between September 1, 2024 and August 31, 2025.**

Smoke/Tobacco/Nicotine Free = \$50.00

- If you certify that you are Smoke, Tobacco, and Nicotine Free, you can earn \$50.00. Simply complete and sign the attached affidavit as proof that you are a non-smoker. Employees who provide this documentation to HR will receive a \$50.00 incentive. If you are having trouble quitting, and would like to quit, you can still qualify for this incentive by enrolling in Medical Mutual’s 3-month tobacco cessation program. This program is offered at no cost to you. Enrollment in this tobacco cessation program must be done by August 31, 2025. Medical Mutual will provide us with reporting on who has, and has not, completed a series of tobacco cessation coaching telephone calls. You may also contact BeTobaccoFree.hhs.gov . You may also complete the program found at <http://smokefree.gov/steps-on-quit-day>, or call one of the stop smoking numbers at 1-877-448-7848 or 1-800-784-8669 and enroll in a program to receive ongoing assistance to quit.